



## WHY SPONSOR THE BOON PROJECT?

The Boon Project is the only nonprofit in the Charleston area that specifically supports young adult cancer fighters between the ages of 18-40(ish) regardless of cancer type or stage. The Boon Project aims to support the unique needs of this often-ignored demographic and their families emotionally, physically, and financially. All of The Boon Project's programs are year-round and always free for those we serve.

### **COURAGE CLUB:**

Our Courage Club features a free private online support group and monthly meet-ups around Charleston for young adults who face cancer. The aim of The Boon Project's Courage Club is to address the social isolation and loneliness that comes with being diagnosed in the prime of life. Some of the meet-ups include spouses, children, and friends as well. The Boon Project also offers a Metathriver subgroup of Courage Club for young adults who have a Stage 4 or chronic cancer diagnosis. The Metathriver group meets quarterly in addition to the monthly Courage Club events. During the pandemic, both our Courage Club and Metathriver group went virtual with Zoom trivia nights, happy hours, and cooking classes among other activities.



### **FITNESS FORCE:**

Fitness Force is our local no-cost program that helps survivors of all ages meet and maintain fitness goals from diagnosis through survivorship years. The Fitness Force program includes free access to workouts, nutrition sessions, fitness classes, an online support community, and accountability partners. **Survivor participants can also apply for our Fitness Force Grants to help eliminate financial barriers to their fitness goals, such as help with gym memberships, fitness equipment, and apparel.**



### **PATIENT SUPPORT:**

The Patient Support program includes Boon Bags, Financial Assistance Grants, access to our volunteer nurse Young Adult Cancer guide, and much more. Boon Bags are our care packages distributed to oncology offices around Charleston for young adults that are newly diagnosed. Our bags are also often requested locally by friends and family members of newly diagnosed patients. **Boon Bags are packed with resources, tips on questions to ask, organizational tools, comfort items, and lists of other helpful organizations.**

**Our Financial Assistance Grants and our soon-to-be-launched Survivorship Grant(s) help ease the financial burden of a cancer diagnosis for young adults and their families.** Young adults with cancer are more likely to face financial toxicity and some of these survivors will never catch back up to their peers monetarily. **Our Financial Assistance Grants offer immediate relief during initial diagnosis and treatment and our Survivorship Grant(s) will help address the long-lasting effects of cancer during survivorship years.** During the pandemic, our financial assistance requests almost doubled and we were able to continue to fulfill 100% of the requests. The Boon Project has been able to meet the continued financial need because of our generous community of support. Our support community includes personal giving, fundraising, and sponsorship!

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Learn more: [boonproject.org](http://boonproject.org), Instagram, & Facebook

